

AARP's Fraud Watch Network can help you spot and avoid scams. Sign up for free "Watchdog Alerts", review our scam-tracking map, or call our toll-free helpline, 877-908-3360 if you or a loved one suspect you've been a victim.



FraudWatch Newsletter



October marks the start of Medicare open enrollment, and unfortunately, the peak season for Medicare fraud. Each year, criminals take advantage of open enrollment season by posing as insurance providers. They may call, email or show up offering free gifts or limited-time offers, all designed to steal your money, Medicare information, or even your identity.

Medicare beneficiaries should be cautious of devices advertised as medical monitors or promoted for uses they weren't designed for. To stay safe, rely only on equipment prescribed by your doctor. To protect yourself from Medicare schemes, avoid sharing personal information with anyone who contacts you unexpectedly about Medicare. Legitimate plans can only reach out if you've requested information or already have an existing relationship with them. Beneficiaries can safely compare legitimate plans and change enrollment by going to [medicare.gov](https://www.medicare.gov) or by calling 800-633-4227.



Before accepting a friend request on your social media platforms, keep these tips in mind to protect yourself from scams. Fraud criminals are adept at copying people's social media profiles to impersonate them. Facebook reportedly shut down more than one billion fake accounts in the third quarter of 2024 alone. To make sure you are hearing from the person and not a clone of that person's profile, double-check that you are not already friends with them. If not, reach out if you can to the person by phone, email, or text to confirm that the request is real. Finally, adjust the privacy settings of your account to limit who can see your posts and your profile details. Information like your workplace, school, or hometown can all be used by scammers to build convincing cloned accounts and target your network.

Call The Wyoming Senior Medicare Patrol for assistance with potential Medicare fraud or abuse at 1-800-856-4398

Information and resources to help you with...

- **Find resources and information around VA benefits, health, caregiving, fraud and employment for retired and active-duty military and their families by going to aarp.org/veterans or calling our toll-free nationwide phone number 1-888-OUR-AARP (1-888-687-2277).**
- **Family caregiving:** Call the Caregiving Resource Center for a free Prepare to Care Guide (1-877-333-5885).
- **Fraud and scams:** Call the AARP Fraud Watch Network Helpline toll-free (1-877-908-3360).

CyberWyoming Alliance

Please report your scams to:

phishing@cyberwyoming.org

307-223-1265



CyberWyoming Alliance's goal is for Wyoming to be the most cyber-secure state in the nation. To do this, we know that cybersecurity efforts have to be local, trusted, and grassroots in nature.

If abuse, neglect, abandonment, intimidation or financial exploitation of an older adult is occurring, report it to Adult Protective Services.

Basics of what DFS/APS can do:

- If an abuse/neglect case is reported and opened, an APS Caseworker will respond within 24-72 hours, depending on immediate danger or impending harm.
- APS is mandated by statute to notify law enforcement.
- An APS Caseworker will interview the vulnerable adult to determine the facts of the situation.
- APS works with the vulnerable adult regarding availability of community services he/she is agreeable to receive in order to ensure his/her safety.

Basics of what DFS/APS cannot do:

- APS cannot force anyone to accept help, adults have the right to refuse.
- APS cannot force anyone to reside in a nursing home, APS is committed to keeping vulnerable adults as safe as possible, in their own homes.

How to make a report:

Call (307)777-7564 or click on dfs.wyo.gov/about/contact-us/
This is a link with contact information to each community in Wyoming that has a DFS office. APS abuse/neglect reports can also be made by contacting law enforcement in the community where the abuse is taking place.



**WYOMING DEPARTMENT
OF FAMILY SERVICES**

Safe at home • Giving families opportunities for success • Supporting the people who support the families

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WyomingFoodBank.org



Mobile Food Pantries Coming To Your Area:

NOV. 4 - LYMAN - BRIDGER VALLEY BAPTIST CHURCH	4-7P
NOV. 6 - PINEDALE - RENDEZVOUS POINT	11A-1P
NOV. 7 - ROCK RIVER - 321 AVENUE D	10:30A-12:30P
NOV. 14 - HANNA - TOWN SHOP, 407 LOWE STREET	10A-12P
NOV. 15 - BASIN - FAIRGROUNDS	10A-12P
NOV. 15 - KAYCEE - HAROLD JARRARD PARK	9A-11A
NOV. 18 - BUFFALO - FAIRGROUNDS COMMUNITY BUILDING	12-2P
NOV. 20 - NEWCASTLE - FAIRGROUNDS	11A-1P
NOV. 21 - WRIGHT - MULTIPURPOSE BUILDING	1-2 P
NOV. 22 - KAYCEE - HAROLD JARRARD PARK	9-11A
NOV. 20 - SHERIDAN- FAIRGROUNDS	9-11A
NOV. 24 - ROCK SPRINGS - WHITE MOUNTAIN MALL	11:30A-1P
NOV. 24 - ARAPAHOE SCHOOL	12-2PM

**FOR MORE INFORMATION, CHECK OUT WYOMINGFOODBANK.ORG/FIND-FOOD
OR CALL 1-877-265-2172.**